

# April 2025 Seniors' CHOICE menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	
 <p><b>Grilled Chicken w/ BBQ Sauce - 9049</b> (ch b) <b>hamburger ch7006</b> Green Beans Yellow Squash Bun Peaches Diet: same</p>	<p><b>Hamburger - 9071</b> (ch b) <b>hot deli ham ch7005</b> w/ Swiss American Cheese slice Potato Wedges Broccoli Bun Pineapple Tidbits Mustard / Ketchup Diet: same</p> 	<p><b>Cheese Manicotti - 9133</b> w/ Pesto Cream Sauce (ch b) <b>spaghetti &amp; meatballs ch7015</b> Spinach California Blend Vegetables Pears Wheat Bread / Margarine (ch a only) Diet: same</p>	<p><b>Bean &amp; Cheese Burrito - 9113</b> (ch b) <b>chicken tenders ch7009</b> Corn Zucchini Salsa Tropical Fruit Salad 2 Wheat Bread / Margarine (ch b only) Diet: same</p>	
7	8	9	10	11
<p><b>Beef Vegetable Stew - 9001</b> (ch b) <b>chicken stew ch7022</b> w/ Peas, Carrots, &amp; Red Skin Potatoes Green Beans Spiced Pears w/ Cranberries Wheat Bread (2 slices) Margarine Diet: same</p>	<p><b>Italian Chicken - 9042</b> w/ No Salt Added Marinara Spaghetti (ch b) <b>grilled cheese sandwich ch7063</b> Italian Vegetables Peas Peaches Diet: same</p>	<p><b>BBQ Beef - 9051</b> (ch b) <b>grilled chicken breast ch7026</b> Peas &amp; Onions Potato Wedges Bun Grape Juice 100% Diet: same</p>	<p><b>Popcorn Chicken Bowl - 9006</b> (ch b) <b>meatloaf w/ gravy ch7016</b> Mashed Potatoes w/ Cheese &amp; Corn Green Beans Baked Cinnamon Apples Biscuit &amp; Margarine Diet: same</p>	<p><b>Vegetarian Penne Florentine with Tofu</b> <b>penne pasta w/ meat sauce</b> Sicilian Blend Vegetables (2 servings) Fruit Cocktail Diet: same</p> 
14	15	16	17	18
<p><b>Roast Pork Loin w/ Gravy - 9115</b> (ch b) <b>chicken w/gravy ch7008</b> Brown Rice Vegetable Medley (2 servings) Wheat Bread / Margarine Mandarin Oranges Diet: same</p>	<p><b>Chicken Fajita Bowl - 9004</b> (ch b) <b>Taco Bowl ch7010</b> Brown Rice Pinto Beans Chuckwagon Corn Hot Apple Crumble Corn Chips Sour Cream Diet: same</p> 	<p><b>Roast Turkey w/Gravy - 9005</b> (ch b) <b>country fried steak w/gravy ch7054</b> Mashed Potatoes Vegetable Medley Pears Wheat Bread (2 slices) Margarine Diet: same</p>	<p><b>Cinci-Style Chili - 9112</b> w/ Spaghetti (ch b) <b>roast beef w/gravy ch7025</b> Kidney Beans Broccoli Cinnamon Applesauce Cheddar Cheese (ch A only) Oyster Crackers (ch A only) 2 Wheat Bread / Margarine (ch b only) Diet: same</p>	<p><b>Good Friday</b> <b>Breaded Fish Sandwich - 9010</b> (ch b) <b>steak hoagie w/ gravy ch7018</b> Potato Wedges Prince Edward Blend Vegetables Hoagie Bun Fruit Punch 100% Sponge Cake Tartar Sauce Diet: same</p>  <p><b>Happy April Birthday!</b></p>
21	22	23	24	25
<p><b>Easter Celebration</b></p> <p><b>Hawaiian Pineapple Ham - 9094</b> (ch b) <b>pineapple topped chicken ch7013</b> Roasted Sweet Potatoes Peas Fruit Cocktail Wheat Roll / Margarine Carrot Cake Diet: Sponge Cake</p> 	<p><b>Chicken &amp; Potato Casserole - 9315</b> (ch b) <b>roast beef &amp; gravy ch7025</b> California Blend Vegetables (2 servings) Apricots Wheat Bread (2 slices) Margarine Diet: same</p>	<p><b>Steak Hoagie w/ Gravy - 9302</b> (ch b) <b>grilled chicken breast ch7026</b> Potato Wedges Baked Beans Hoagie Bun Fresh Orange Diet: same</p>	<p><b>Chicken Alfredo over Spaghetti - 9065</b> (ch b) <b>mediterranean glazed salmon ch7068</b> Broccoli Carrots Baked Cinnamon Apples 1 Wheat Bread / Margarine (ch b only) Diet: same</p>	<p><b>Lemon Pepper Fish - 9033</b> w/ Tartar Sauce (ch b) <b>chicken tenders ch7009</b> Brown Rice Scandinavian Veggies (2 servings) Peaches Wheat Bread / Margarine Margarine Diet: same</p> <p><b>Arbor Day</b></p> 
28	29	30	<p><b>THIS MONTH IN HISTORY</b></p> <p>April 6, 1896 - First Modern Olympics Held</p> <p>April 19, 1775 - The Battle of Lexington and Concord, First Battle of the Revolutionary War</p> <p>April 21, 1956 - Elvis Presley's First Hit Record "Heartbreak Hotel" Hits #1 on the Charts</p> <p>April 30, 1789 - George Washington is inaugurated as the first president of the United States</p> <p>April 27, 1937 - Senior citizens take note, the first Social Security checks were distributed</p>	
<p><b>Meatloaf w/ Gravy - 9072</b> (ch b) <b>roast turkey w/ gravy ch7002</b> Mashed Potatoes Carrots Pineapple Tidbits Wheat Bread (2 slices) Margarine Diet: same</p>	<p><b>Orange Chicken - 9105</b> (ch b) <b>baked fish - ch7048</b> Brown Rice Green Beans Carrots Mandarin Oranges Wheat Bread / Margarine Diet: same</p> 	<p><b>Salisbury Steak w/Mushroom Gravy - 9029</b> (ch b) <b>chicken w/gravy ch7008</b> Parslied Potatoes Mixed Vegetables Apple Juice 100% Wheat Bread (2 slices) Margarine Diet: same</p>		